



Underwritten by: American Heritage Life Insurance Company

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by American Heritage Life Insurance Company, Jacksonville, Florida in all states except New York. Product features and availability vary by state and are solely the responsibility of American Heritage Life Insurance Company.

mybenefitsSM

Secure Online Claims Filing

E-Signature successfully applied

Claim deposited to your bank

Your Claim



E-Signature

Gets your payment to you faster when you file your claim online

Check out our video to see how easy it is to file claims with MyBenefits—



[How to File a Claim on MyBenefits](#)

Scan the QR Code to Register



Payment

Tell us how you would like to get paid. We support either method listed.



Direct Deposit

or



Mail Check

Filing

Choose your coverage and enter your medical treatment/services information.



Accident



Critical Illness



Hospital Indemnity
and additional coverages

E-Signature

Upload your supporting documents, like a hospital or doctor's bill. Review your claim and verify electronically with E-Signature!



Collect Bills



Upload Documents



Review Claims



E-Sign Online

Using Your Payment

MyBenefits with E-Signature helps you receive your claim payment fast to help you pay medical bills or spend it however you want. There are no restrictions on how you use your payment.

To find out more about what the MyBenefits site can offer, see the [information on reverse](#).



Online Access 24/7

Access your claim and benefit information anytime, day or night



E-Signature

Upload supporting documents, like hospital or doctor's bills. Review and sign your claim electronically!



Coverage Information

Print or view your coverage details or certificates on existing coverage



Help Center

Gives you anytime access to our Forms Library, Upload Center, contact information and recent account activity



Message Center

Alerts you of claim status updates and other important information

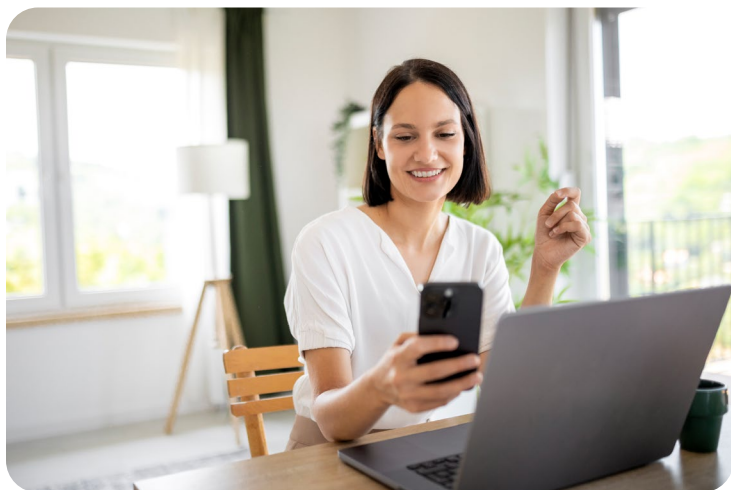


Mobile Friendly

Use your mobile device to upload pictures of your claim forms and supporting documents

Fast Claims on the Go — We Have an App for That!

Register at standard.com/ahl/mybenefits or download the MyBenefits app



Download our free MyBenefits app for Android and Apple mobile devices

- The app saves you time and streamlines your claims submissions.
- You can take pictures of your supporting claim documents, like a hospital or doctor's bill, and upload them via the MyBenefits app.
- Search for The Standard - MyBenefits on the App or Play store.

MyBenefits App System Requirements

- Android and Apple iOS devices
- Android operating system 3.3 or greater
- Click "install" and the app's icon will load onto the device's home screen

MyBenefits Website

- Accessible using a desktop, laptop, tablet or smartphone
- Viewable in a wide variety of browsers
- Website format allows for viewing and scaling of the site on each device without distortion

Rev. 11/25. This material is valid as long as information remains current, but in no event later than March 15, 2026.

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The Standard is the marketing name used for American Heritage Life Insurance Company, Home Office, Jacksonville, Florida, a wholly owned subsidiary of StanCorp Financial Group, Inc.